

7mm International Rimmed

Handgun:	T/C Contender	Bullet Diameter:	0.284"
Barrel:	10", 1 in 10" Twist	Maximum COL:	2.835"
Case:	Hornady/Frontier	Max. Case Length:	2.039"
Primer:	Federal 210	Case Trim Length:	2.029"

Elgin Gates, the late and much respected promoter of competitive silhouette shooting, not only was a founder of the International Handgun Metallic Shooting Association (IHMSA), but an avid and inventive wildcatter. Like many of the earliest silhouette shooters, Gates long sought the "Holy Grail" of silhouette shooting cartridges: one that would combine power with accuracy and acceptable recoil.

While the definition of perfect may differ from shooter to shooter, some shooters feel that Elgin Gates' intermediate cartridge, the 7mm International Rimmed may be close. It falls in between the 7mm TCU and the 7mm IHMSA.

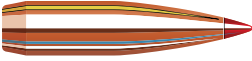
The 7mm International Rimmed is formed from the 30-30 Winchester case. Reloaders can simply run a lubricated 30-30 case in a full length 7mm International Rimmed sizing die, fire using a starting load to fire form, and reload as normal. These fire forming loads can be used as practice loads. The introduction of the 7-30 Waters has affected the popularity of the 7mm International Rimmed. The 7-30 Waters, also based on the 30-30 Winchester, is ballistically very similar but offers factory ammunition and cases.

Barrels of 14" produce 100 to 150 fps increases in velocity. In our testing, WIN 748 and H 335 produced top velocities.

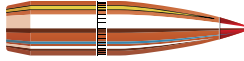
139 GRAIN BULLETS

SECTIONAL DENSITY:
DIAMETER:

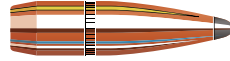
0.246
0.284"



139 gr. InterBond®
Item No. 28209
C.O.L.: 2.800"
G1 B.C.: 0.486



139 gr. SST®
Item No. 28202
C.O.L.: 2.800"
G1 B.C.: 0.486



139 gr. InterLock® BTSP
Item No. 2825
C.O.L.: 2.800"
G1 B.C.: 0.453



139 gr. InterLock® SP
Item No. 2820
C.O.L.: 2.800"
G1 B.C.: 0.392

VELOCITY (FPS – feet per second)

POWDER	1600	1700	1800	1900	2000
H322	23.4 gr.	25.2 gr.	27.1 gr.	28.9 gr.	
IMR 4895	25.4 gr.	26.7 gr.	27.9 gr.		
H335		26.5 gr.	28.2 gr.	30.0 gr.	31.7 gr.
WIN 748	29.7 gr.	31.1 gr.	32.5 gr.	33.9 gr.	35.3 gr.
BL-C(2)	30.2 gr.	31.7 gr.	33.3 gr.	34.9 gr.	

Create custom ballistic tables using our online calculators at hornady.com/ballistics

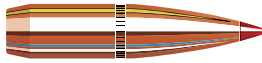
154 GRAIN BULLETS

SECTIONAL DENSITY:
DIAMETER:

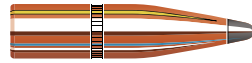
0.273
0.284"



154 gr. InterBond®
Item No. 28309
C.O.L.: 2.835"
G1 B.C.: 0.525



154 gr. SST®
Item No. 28302
C.O.L.: 2.835"
G1 B.C.: 0.525



154 gr. InterLock® SP
Item No. 2830
C.O.L.: 2.835"
G1 B.C.: 0.433

VELOCITY (FPS – feet per second)

POWDER	1500	1600	1700	1800	1900
H322	22.2 gr.	23.9 gr.	25.6 gr.	27.3 gr.	
H335		24.2 gr.	27.9 gr.	28.8 gr.	30.5 gr.
IMR 3031	23.4 gr.	24.6 gr.	25.8 gr.		
IMR 4895	24.2 gr.	25.7 gr.	27.2 gr.		
IMR 4064	26.1 gr.	27.5 gr.			
WIN 748	27.6 gr.	29.2 gr.	30.8 gr.	32.4 gr.	
BL-C(2)	28.3 gr.	30.0 gr.	31.7 gr.	33.4 gr.	

Create custom ballistic tables using our online calculators at hornady.com/ballistics